wellbeing In Partnership

Promoting... Health and Well-being

Redditch Partnership

Bromsgrove Partnership

The Wellbeing in Partnership Newsletter is one this month!

Thanks to everyone who has contributed to the newsletter please keep you information coming. Meetings coming up in September include:

Redditch Community Forum - Tuesday 6th September, 6pm, Town Hall
Bromsgrove Ageing Well Sub Group (formerly known as the Older People's Sub Group) – Thursday 8th September at 10am, Parkside.
Bromsgrove Economic Development Theme Group – Tuesday 13th September at 4pm at Basepoint Business Centre.
Redditch Economic Development Theme Group – Monday 19th September at 6pm, Town Hall
Redditch Partnership Executive Group – Wednesday 21st September at 2pm, Town Hall
Bromsgrove Balanced Communities - Thursday 22nd September at 10am, Parkside.
Bromsgrove Partnership – Thursday 29th September at 1pm, Parkside.

Bromsgrove Small Grants Available

Bromsgrove District Council, in partnership with the Bromsgrove Engagement and Equalities Forum, are launching the second round of our Small Grants Scheme today! This is the last round for 2016/17.

The grants are available for activities that support community and equality outcomes within Bromsgrove District. Voluntary, charitable and community groups can submit bids for up to £500.

This second round will close at 4pm on 30th September 2016. Projects must be delivered by between 1st Nov 2016 to 30th April 2017 to qualify for this round of funding. Apply here for this grant.

Lean more about the work of the CCG…

The Redditch and Bromsgrove Clinical Commissioning Group publishes a newsletter four times a year which you may be interested in reading. Click here for more information.

Safer West Mercia Plan Consultation

Police and Crime Commissioner John Campion has unveiled his Safer West Mercia Plan for consultation with communities and partners across West Mercia. Click here to read the plan.

Once you have read the plan, there are a number of ways to take part in the consultation.
You can email your comments to opcc@westmercia.pnn.police.uk

Or, click on this link to send your comments via the internet.

New date for 'Pensioner Fair'

Some of you will be aware that Sajid Javid MP is organising a 'Pensioner Fair' at Parkside in Bromsgrove. Originally the date was going to be on 2 September, however, this has been postponed and the new date is 25 November. All stall holders were informed directly but if there is any partner interested in being a part of this event, feel free to get in touch and we will pass on your details partnership@bromsgroveandreddi tch.gov.uk

Get Active!

Would you like to find out more on sports and fitness activities for all ages near you? If so, here are links to the Active Bromsgrove and Active Redditch where you can view the latest newsletters and subscribe to receive future editions.

JSNA Briefing on Alcohol recently published…..

Please find here a link to a briefing on alcohol, recently published as part of the Worcestershire Joint Strategic Needs Assessment and which may be of relevance to your work.

It is worth a read as the figures for Redditch and Bromsgrove are concerning. Although the rate of under-18s admitted to hospital for alcohol-specific conditions in Worcestershire has fallen considerably, the rates of adults admitted to hospital for alcohol specific conditions, particularly in Redditch and Bromsgrove, have been steadily increasing over recent years.

Worcestershire Health and Care NHS
NHS Trust

Earlier this year, the Trust held a number of co-production workshops to look at how it might re-design **Adult Mental Health Secondary Care Services**. If you would like to learn more about the proposed model, and give your view, please click here.

The Trust is also holding three consultation events through September. The details of these are:

5th September – Perdiswell Leisure Centre – 2pm till 4pm

19th September 2016 – Simply Limitless, Kidderminster – 2pm till 4pm

If you would like to attend one of these events to hear about the proposed model please confirm your attendance in advance by emailing WHCNHS.AMHLDSDU@nhs.net or by calling 01905 760222.

INTERNATIONAL MISSING TYPE #MISSINGTYPE

HELP TO FILL THE GAPS
Do something amazing. Give blood.
Visit www.blood.co.uk
Save a life Give blood

Become an organ or blood donor
Worcestershire County Council is one of just four UK councils to sign up to a potentially life-saving partnership with NHS Blood and Transplant, which collects donated blood in England and North Wales and manages the UK's organ donation system.
Did you know that in Worcestershire……
• 182,327(32.43%) people are on the NHS Organ Donor Register.
• 87 people are waiting for a transplant.
• 140 transplants carried out between (2007 - 2012)
• 17,926 active blood donors who live in the Worcestershire County area (3.19% of WCC population). We need more people to join and save lives

Sign-up to the NHS Organ Donor Register: Call 0300 123 23 23 or go to www.organdonation.nhs.uk. For more information about becoming a blood donor, go to www.blood.co.uk or call 0300 123 23 23.

Become a Donation Champion
Would you like to encourage more people to sign up to give blood and register for organ donation? It will involve:
• full training
• attending promotional events
• display leaflets
• talk about blood and organ donor register at local community meetings
Register your interest in being a champion by emailing donationchampion@worcestershire.gov.uk

Joining forces to beat loneliness in Redditch and Bromsgrove

What better place to celebrate collaboration in Redditch and Bromsgrove to improve peoples' wellbeing than in the 'Wellbeing in Partnership' newsletter?!

A huge shout out to all of the organisations and individuals who are part of the movement to beat loneliness in our local area, by engaging with Reconnections. If you haven't met us, Reconnections are setting out to reduce loneliness among people over 50, by connecting them with local activities and organisations that they will enjoy.

By taking 'referrals' from a range of organisations, as well as from people themselves, and family and friends, we're then able to work with local partners to match lonely people to local activities.

We're currently working with a number of great organisations and groups and helping them reach people who might not have come across them otherwise. Likewise, we're taking referrals from organisations, groups and individuals who know that by making a referral to Reconnections, we can help match individuals with things that will meet their needs – because one size doesn't fit all.

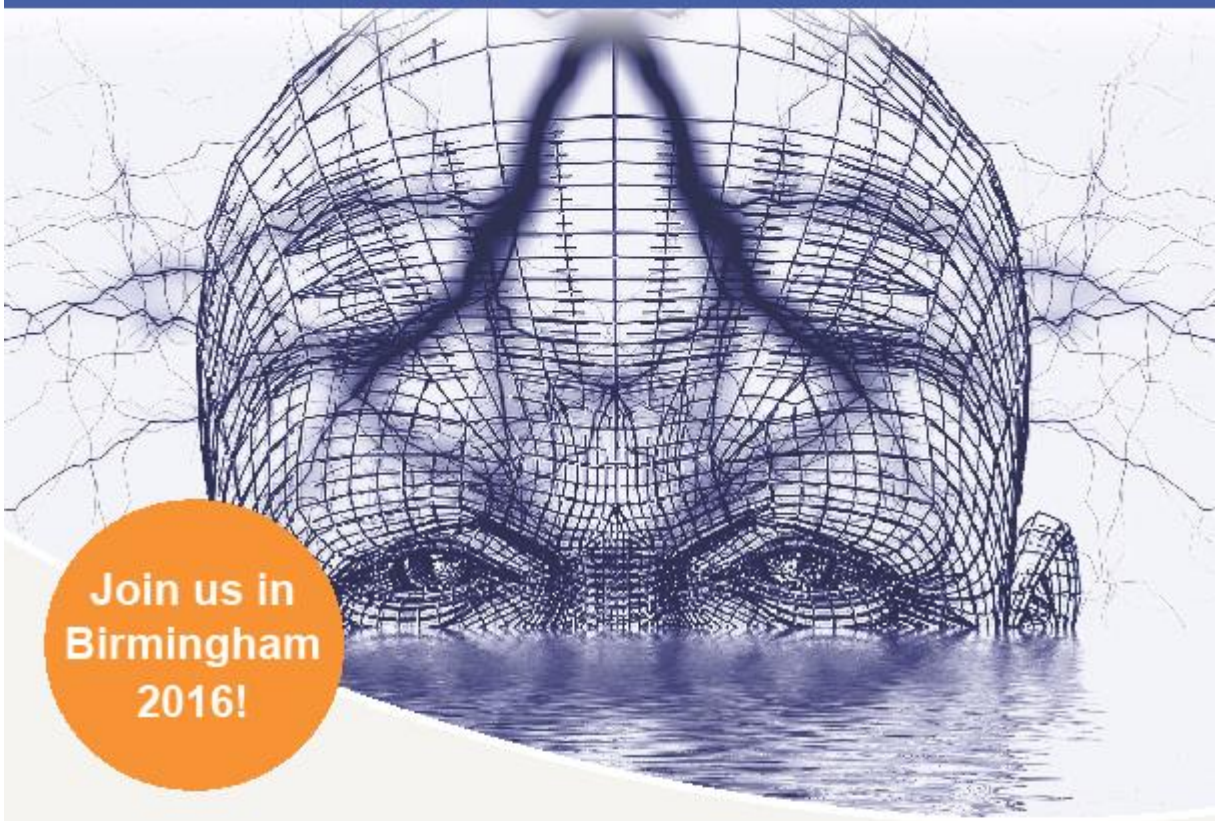
Because we work with each person referred on an individual basis, connecting them to things they enjoy, volunteering with us is proving a varied and interesting option for people – including those who originally get in touch to tackle their own feelings of loneliness! 'I didn't feel as if I had anything to offer… Now I'm laughing and chatting with people. I haven't done that in years!'

To find out more call us on 01905 740954 or follow on twitter: @Reconnections_W

Herefordshire & Worcestershire age UK

Migraine Insight

Helping you take control



Join us in Birmingham 2016!

Saturday 10th September 9.00am - 1.00pm

Crowne Plaza Birmingham NEC, Pendigo Way, B40 1PS

Migraine medical professionals will be presenting on diagnosis, treatment, prevention and emerging therapies. Plus local complementary therapists will be providing information on treatments that have helped others take control.

Please contact us to book a place - booking is essential

£7 members, £12 non members

Call *08456 011 033 or email info@migraine.org.uk

MIGRAINE ACTION

Organised by Migraine Action

The national advisory and support charity for those affected by migraine

*Helpline calls cost 5p per minute plus your phone company's access charge.

Registered Charity Number: England and Wales (no. 1152973) and in Scotland (no. SC045820)