

Here is the August 2019 edition of the Wellbeing in Partnership newsletter....and here are some links to resources you might find helpful...

Dementia – [Worcestershire Local Dementia Profile](#) - structured according to the stages of the NHS's Well Pathway for Dementia, the profiles provide a range of dementia-related statistics at a local authority level, in addition to outlining some of the issues facing people affected by dementia.

Mental Health - Time to Change Champions funding is available until August 2019

Funding of up to £500 is available for time to change champions with personal experience of mental health problems to use to run anti-stigma activity which sparks conversations about mental health. Please see the flyer later in the edition attached for more information.

Youth Mental Health Awareness Training - Please find link [here](#) to YMHA course to be run at Redditch Town Hall in November.

More helpful info...



Public Health produces a range of tools and resources that can help organisations learn more about their local communities. One such tool which enables you to look at ward level data for a range of health related issues is the Local Health tool. Data for many health indicators can be found using the tool and so could be very useful for planning local projects at ward level. You can access the tool [here](#).

Citizens Advice - Help to Claim Service



Citizen's Advice Help to Claim service can support people in the early stages of their Universal Credit claim, from the application, through to their first payment.

Help to Claim is a dedicated service from Citizens Advice. It's free, independent, confidential and impartial. Trained advisers can help with things like how to gather evidence for the application or how to prepare for the first Jobcentre appointment.

Advisors can be contacted through the free national Help to Claim phone service: England: [0800 144 8 444](tel:08001448444) or visit the website [here](#).

Bid for Funding from the Community Solutions Fund

Worcestershire County Council launched the Community Solutions Fund on 3rd June 2019 (closing date 8th September 2019) to support communities, Parish and Town Councils, the Voluntary and Community Sector, partner organisations and local communities to come together and do things for themselves; taking control of improving the quality of life in the places where we live whilst reducing future demand and costs to the Council (or increase income).

Criteria for bids are:

- Bids can be up to £20k for projects and will be assessed on merit and impact on reducing future demand and costs for the Council or increase income.
- higher applications could be considered, so the bigger the impact the more successful the bid!
- projects must be capable of being self-funded from other sources after funding ceases, if the expense is reoccurring.
- projects must be consistent with the Council's Corporate Plan.
- funding may not be used to contradict or undermine Council policy, savings plans or decisions.
- funding may be used for transitional support to deliver savings plans
- total spend must be within allocated the allocated budget (£145k 2019/20, and anticipated £45k 2019/21)

Please see <http://www.actlocalworcestershire.org/CommunitySolutionsFund> for more info.

Worcestershire Passenger Transport Strategy

The Worcestershire's Passenger Transport Strategy is currently being consulted on. It has been developed to support Worcestershire's Local Transport Plan 4 and it will cover:

- Home to School Transport
- Public Transport
- Community Transport
- Social Care Transport

If you (as an individual user or as an organisation / group) would like to have your say and help ensure the valuable contribution of these services is fully understood, you can respond online via this link: <http://www.worcestershire.gov.uk/passengertransportstrategy>. Alternatively, you can print and complete the attached and post it back to Worcestershire County Council. Please note the **deadline for responses is 13 September 2019**.

Tackling Loneliness Workshop

A Tackling Loneliness in Worcestershire workshop which is being held on Wednesday 28th August, 9.30am – 12pm at Warndon Community Hub, Shap Drive, Worcester, WR4 9NX.

The aim of the workshop is to bring partners together to develop the next action plan to reduce loneliness in Worcestershire for people of all ages, which will complement the commissioned service (currently named Reconnections).

Two guest speakers to the workshop who will give national context in terms of the national strategy on reducing loneliness and any best practice from across the West Midlands:

- Oliva Field, Senior Policy Advisor in the Loneliness Unit at the Department for Digital, Culture, Media & Sport
- Paul Sanderson, Public Health England West Midlands

The workshop will also explore how community assets can help reduce loneliness.

If you would like to attend the event can you please email MWhistance@worcestershire.gov.uk by Wednesday 21st August.

Also if you would like join the Tackling loneliness in Worcestershire jammer group to receive updates, share views and experiences please email MWhistance@worcestershire.gov.uk

Age UK BRWF Befriending Service

Latest figures estimate that there are over 4,500 people aged 65+ that are lonely living in North Worcestershire. As part of its focus upon tackling loneliness, Age UK BRWF has a local befriending service, where a volunteer will regularly visit an older person or will phone them for a chat. The service is based on friendship and the idea is that the volunteer befriender will get as much out of meeting the person as the person does out of meeting the befriender.

From feedback that it receives from clients, their families and its volunteers, Age UK BRWF knows Befriending works. The challenge facing the charity is that it needs more people to get involved so that it can reach more people, which is why the team contacted the 1st Year TV & Media Students at Heat of Worcestershire College to see whether, as part of their Work Experience Project, they could support a campaign to raise awareness of the service and show people that Befriending is something that they 'can do'.

The resulting films were recently 'Premiered' at the College's Bromsgrove Studios - attached are links to the two amazing films that the students have produced.

<https://youtu.be/ayX9l3u8C6E>

<https://youtu.be/sAqjNeppsBU>

Speaking about the videos, Age UK BRWF's Befriending Coordinator, **Amy Pople**, who has been working with the students over the last few months said; "The videos the students have created for the Age UK BRWF Befriending service will be a fantastic way for us to get the message out there, to our local community, that there are so many older people in need of someone to simply talk to. Not only can we reach potential new volunteers who wish to help, but we can reach those people in need, who may not even know we have a Befriending Service that they can use. I am so grateful to the students of HOW College – they have done an amazing job – not only to benefit their own studies, but to also benefit their local community."

The videos are also available on the Age UK BRWF website and anybody that is interested in finding out more about the Befriending service and, in particular becoming a Befriending volunteer can contact Amy on **01527 871840** or visit www.ageuk.org.uk/brwf/get-involved/volunteer/befriending-volunteer/ for more information.

Do you have an idea for an environmental project that would improve the cleanliness of your village, town centre or place area?



Does your community or voluntary group need funding to help make a difference?



Now you can get funding towards environmental community clean-up projects including:
litter picks | gateway planting | sign cleaning
community action days | cleansing equipment
promotional materials | training and more!

Apply online at barn.org.uk/grants by the 27th August 2019.

For advice on completion of the form you can call BARN on 01527 60282 or email grants@barn.org.uk.



Bromsgrove
District Council
www.bromsgrove.gov.uk



Bromsgrove and
Redditch Network

REDDITCH BOROUGH COUNCIL

making
a
difference

www.redditchbc.gov.uk



New Dates For Mental Health First Aid Courses

Here are the dates of subsidised Mental Health First Aid courses provided by Worcestershire Wellbeing Hub in October and November, flyers with further information are attached. Please circulate these as you see fit, bookings are now open.

Adult Two Day (Mental Health First Aider) Monday 7th and Tuesday 8th October, Perdiswell Young People's Leisure Centre, Worcester 9.30-5.00 cost £30

Adult Half Day (Mental Health Aware) Thursday 10th October, Droitwich CVS, 1.00-5.00 cost £15

Adult Two Day (Mental Health First Aider) Monday 4th and 11th November, Sandycroft Centre, Redditch 9.30-5.00 cost £30

Adult One Day (Mental Health First Aid Champion) Tuesday 5th November, Malvern Cube 9.30-5.00 cost £25

For more information on Mental Health First Aid courses, visit

<https://mhfaengland.org/individuals/adult/>

To book, please email Amanda Wright with your name, phone number and email address on amandaw@comfirst.org.uk or call 01684 312730 Sarah Colloby Wellbeing Hub

Associate

Time to Change Champions Fund

Worcestershire Time to Change are encouraging people to sign up as champions to campaign to end mental health discrimination in their communities. Champions run activities, get involved at events, speak out about mental health and much more.



Funding of up to £500 is available for champions with personal experience of mental health problems to use to run anti-stigma activity **which sparks conversations about mental health** e.g. stalls in shopping centres, pub quiz's, sports, art and craft activities, dog walks.



Being a champion is a flexible and voluntary commitment. Champions can do what they have time for, and what they are comfortable doing.

There are two champions groups that meet across Worcestershire on a monthly basis, please get in touch if you would like to find out more

timetochangeworcestershire@comfirst.org.uk 01684 312754

For further information about the champions fund, please visit

http://www.comfirst.org.uk/worcestershire_time_to_change1 or contact Amanda Wright to discuss your ideas and ask any questions

timetochangeworcestershire@comfirst.org.uk 01684 312754

www.time-to-change.org.uk
www.comfirst.org.uk/worcestershire_time_to_change1



Bromsgrove Carers' Group

We meet on the last Wednesday of each month

2-3.30pm

Breme House , 46 Providence Road, Sidemoor, Bromsgrove B61 8EF

Do you look after someone who is ill, disabled or frail ?

Do you need time out and some company for yourself? If so, you are not alone.

Drop in for a cuppa and a chat

Meet with other carers who share and understand your experiences



Enjoy recreational activities, relaxation and occasional outings, as a break from caring.

For more information call Maureen Oliver on 07427474776 or our Helpline on 03000124272

FAMILY FUN DAYS

THURSDAY 8TH AUGUST KING GEORGE CLOSE PARK, B61 8SW

THURSDAY 15TH AUGUST SHAWFIELD, B47 5HP

THURSDAY 22ND AUGUST BURCOT LANE CARPARK, B60 1AQ

THURSDAY 29TH AUGUST LYTTLETON AVENUE PARK, B60 3LF



free
entry

12noon
until
3:30pm

There's so much to see and do...

- Free bouncy castle and slide *
- Fun Bus **
- Pony rides
- Healthwatch
- Fire Service
- Tombola
- Magical world of reading
- Bracelet making
- Care UK
- Burgers and Ice creams
- Childrens toy stall
- Games corner
- Hot Shots
- Blue Cross stand
- Employment Support
- Guide Dogs
- Face painting
- mybdht
- Plant-A-Seed

* 8th & 29th Aug ** 15th & 22nd



bdht

Bromsgrove District Housing Trust

17 & 18
AUGUST
SAT 12-10PM
& SUN 12-7PM



REPUBLICA

**FREE
ENTRY**

TRIBUTE BANDS:

SKABUCKS

PURE QUEEN

VISITATION

RYAN SPARROW

PLUS

- Funfair
- Licensed bar
- Street food
- Acoustic/80s & Reggae tents
- Festival stalls
- Children's activities

**PLUS hours of fantastic music
by supporting bands**





Community Adult Skills at HOW College

- ESOL – English for Speakers of Other Languages – September 2019
 - Part time accredited Courses at the College (Osprey House, Redditch) Ranging from Entry 2 up to Level 2. Various daytime and evening classes
Fees: Variable. Free for low income, JSA and ESA (needs to be 19+)
 - Part time non-accredited Courses at the Sandycroft Centre (Redditch) – Pre-entry up to Entry 1. Fee: Free (needs to be 19+)

For further details please contact Nova Crown or Christie Foster on 01527 405455 – ncrown@howcollege.ac.uk or cfoster@howcollege.ac.uk

- Adult Literacy and Numeracy – September 2019
 - Functional Skills Entry Level 2&3 and Level 1&2 part time, daytime course at Osprey House on a Wednesday in Redditch in both English and Maths. Fee: Free (needs to be 19+) An evening Level 1&2 Maths class on a Wednesday 6.30-8.30pm.

For further details please contact Nova Crown or Christie Foster on 01527 405455 – ncrown@howcollege.ac.uk or cfoster@howcollege.ac.uk

- Community Courses – September 19

- BDHT - IT Courses:

Basic IT
Improvers IT

Various locations in Bromsgrove and Alvechurch

Fees: Free (19+)

For further details please contact BDHT 01527 557599 or Nova Crown 01527 405455
ncrown@howcollege.ac.uk

- POD (previously known as Starlight Café) – Sept 19:

Improvers IT
Basic IT
Adult Literacy
Adult Numeracy
Budgeting
Healthy Living (Cooking)

Fees: Free (needs to be 19+)

Time to Change Champions Fund

Worcestershire Time to Change are encouraging people to sign up as champions to campaign to end mental health discrimination in their communities. Champions run activities, get involved at events, speak out about mental health and much more.



Funding of up to £500 is available for champions with personal experience of mental health problems to use to run anti-stigma activity **which sparks conversations about mental health** e.g. stalls in shopping centres, pub quiz's, sports, art and craft activities, dog walks.



Being a champion is a flexible and voluntary commitment. Champions can do what they have time for, and what they are comfortable doing.

There is also a champions group that meets in the HIVE in Worcester on a monthly basis.

For further information and questions about the champions fund and the champions group, please visit

http://www.comfirst.org.uk/worcestershire_time_to_change1 or contact Amanda Wright timetochangeworcestershire@comfirst.org.uk 01684 312754

www.time-to-change.org.uk
www.comfirst.org.uk/worcestershire_time_to_change1



Time to Change Information Session

Time to Change Worcestershire are running an informal session on 8th August 10-12pm at Redditch Town Hall.

- Are you interested in challenging mental health stigma and discrimination?
- Are you 18 or over, and live in Worcestershire?
- Do you have personal experience of a mental health problem?



If you answer yes to the above questions, please come along to the information session to find out about Time to Change, what's happening locally, becoming a champion and accessing the champions fund.

Time to Change Champions are a movement of people across the country changing the way we all think and act about mental health by sharing their own experiences and encouraging conversations about mental health

Champions run activities, get involved at events, speak out about mental health, tell their story online or in the media and much more! Being a champion is a flexible and voluntary commitment. You can do what you have time for, and what you're comfortable doing.

There is no obligation to sign up as a champion so please come and join us.

To register click on the Eventbrite link here:

<https://www.eventbrite.com/e/time-to-change-information-session-tickets-65422599757>

Please contact Amanda Wright if you have any questions 01684 312730
timetochangeworcestershire@comfirst.org.uk

Champions Fund

Funding of up to £500 is available for champions to use to run anti-stigma activity which sparks conversations about mental health. The activity can be as creative as you like or part of a larger event joining up with others or the local champions group e.g. stalls in shopping centres, pub quiz's, sports, art and craft activities, dog walks.



www.time-to-change.org.uk

www.comfirst.org.uk/worcestershire_time_to_change1

Follow us on twitter: TimeToChangeWorcs (@TTCWorcs)

Venue details: Redditch Town Hall (CR2), Walter Stranz Square, Redditch B98 8AH

Bromsgrove Police and Fire Station

Slideslow Drive
Bromsgrove
B60 1GN



Open Day

Saturday
31 August
12 - 4pm

Police and fire vehicles on display ... Smoke house

Young firefighters demonstration ...

Chip pan fire demonstration ... Firearms officers ...

... and much more

Free admission

In the interests of public safety and security
bags may be searched on entry





12 AUGUST

10am to 1pm

At

Redditch Library, 15 Market Place, Redditch, B98 8AR

UNITED NATIONS
INTERNATIONAL
YOUTH DAY

2019
TRANSFORMING
EDUCATION



WE ARE LOOKING FOR A BOARD OF CHANGE - MAKERS TO ADVISE AND CHALLENGE THE WMCA ON ITS PRIORITIES, POLICIES AND DECISION-MAKING.

RUN ^{YOUR} REGION

THE YOUNG COMBINED AUTHORITY (YCA) IS A DECISION MAKING OPPORTUNITY AND DEVELOPMENT PROGRAMME FOR PEOPLE AGED 16- 25 IN THE WEST MIDLANDS WHO WANT THEIR OPINIONS HEARD AND ARE PASSIONATE ABOUT MAKING CHANGES FOR THE REGION.



 Young Combined Authority



WWW.WMYCA.COM
@WMYOUTHBOARD