

Welcome to the September 2017 Edition of the Wellbeing in Partnership Newsletter...

Don't Forget...

Voluntary and community groups are invited to bid for money from the Redditch and Bromsgrove Grant Pots.

Redditch Borough Council's 'Stronger Communities' grants of up to £500 are available to support local community-focused projects. Stronger Communities grants are made available to groups, which do not necessarily have to be formally constituted to apply. Applications can be made until 4pm on Friday 22nd September 2017. To apply, download an application form by looking at the voluntary and community sector funding pages [here](#).

Bromsgrove District Council, in partnership with the Bromsgrove Engagement and Equalities Forum, are also launching their second and final round of the 2017-18 Small Grants Scheme. This round will close at 4pm on 2 October 2017. Projects must be delivered by between 1 November 2017 and 30 April 2018 to qualify for this round of funding. The Grant Application Form is available by clicking [here](#).

Leisure Services Consultation

You can now have your say on the future of the leisure services RBC provide, in a survey running until September 8.

Your responses will help us to develop options for a sustainable service that meets the needs of users and visitors. By completing the survey you have the opportunity to get involved, share your views and contribute to this important piece of work. You can fill it in as an individual, or on behalf of a group or club.

Anyone who completes the survey can enter a prize draw for a 12 month couples membership to the Abbey Stadium, a family ticket (2 adults and 2 children) to see Snow White at the Palace Theatre (pantomime 2017) or an Apple iPad. See [here](#) for more details.

Baby Blues



Jestaminute Community Theatre CIC, under the banner of Forthright Theatre, presents 'Baby Blues' - what happens when a precious gift becomes a living nightmare?

Inspired by true stories, told with humour and honesty 'Forthright' use movement and spoken word, integrated with blues music, to explore how actions can reveal thoughts we would rather keep hidden.

This 'work-in-progress' takes the audience on a strange, funny and emotionally powerful journey of two couples embroiled in the world of postnatal depression.

The performance takes place at the Artrix on Sun 24th September at 2.30pm. Tickets £5

New Advocacy Service in Redditch



Onside are pleased to announce the launch of the Redditch Community Advocacy Project for adults aged 18 plus.

Funded by Redditch Borough Council the new project aims to support people living in Redditch who have chronic, long term health conditions or disabilities including older people and those with mental health issues and learning difficulties to live well at home.

Onside's highly trained, security checked and supported volunteer advocates will visit people free of charge regularly in their own homes providing a friendly face, social contact and be a source of help and support. They will help people to better manage their own lives, understand the choices and options available to them and to express their views and wishes when services are not meeting their needs.

If you are interested, would like to know more, make a referral or would like to volunteer with this project please contact:

Sue Stanley, Project Coordinator on 01905 27525 or email sue.stanley@onside-advocacy.org.uk

For more information about Onside Advocacy please click [here](#).

Redditch older People's Forum

Redditch Older People's Forum began in 2002 in response to a Government initiative to form a "communication bridge" between service providers and users.

With Social Care being a hot topic at the moment, the Forum has arranged for two speakers with knowledge of the provision of care services to come and explain what the new package will mean to those that need care. If you and/or your family are concerned about your future come along to the session on **Thursday 14th September at 10am** at The Ecumenical Centre.

Redditch Older People's Forum meets the second Thursday of every month at 10am at the Ecumenical Centre. Attendees enjoy tea/coffee and a chance to hear about and discuss issues affecting Redditch. Please contact Pat Witherspoon on 01527 65436 for more information.

WI-FI GRANT FOR RURAL COMMUNITY HALLS



Worcestershire



People working together to bring the benefits of the Internet to every individual, organisation and community across the county.

We are pleased to announce this countywide Wi-Fi funding opportunity for community spaces in rural parts of Worcestershire. The funding has been provided to increase the number of places for the local community to access the internet and gain the skills to use it safely. This is particularly useful for people in rural communities who currently cannot access the internet at home.

We are interested in hearing from village halls, community centres or similar in rural parts of Worcestershire currently without Wi-Fi.

Funding of up to £500 is available for each successful applicant for installation and first year internet subscription. Applications are open until end of October on a first-come, first-serve basis.

For more information or application pack, please contact goon@worcestershire.gov.uk or 01905 846512



worcestershire
county council



Worcestershire



Bromsgrove and Redditch Network (B.A.R.N) Free Training

Bromsgrove and Redditch Network (BARN) is putting on a series of free training sessions over the next few months. The first training session is on 'Impact Evaluation'. Impact Evaluation helps charities and community organisations demonstrate the value of their work and provide evidence of need for funders and external stakeholders. This training has been arranged for Wednesday 4th October in Bromsgrove from 0945 to 1245.

This session will discuss the key benefits of good evaluation, and introduce some practical steps for using impact evaluation to strengthen the day-to-day work of your organisation.

Learning Outcomes for the Session: -

- I will know what an impact evaluation is (and what it is not);-
- I will understand the benefits that good impact evaluation can have for everyone involved in my organisation, including trustees, staff, volunteers and beneficiaries;-
- I will understand how to construct an Impact Evaluation Plan, including:
 - What the jargon really means;
 - How to choose between the different ways of gathering evidence of impact;
 - Being able to identify how evaluation will help to improve the day-to-day experience of the people involved in my organisation.

This session will be facilitated by Peter Rose and Cate Rose from Tiller Research Ltd. Based in Redditch, Tiller Research has a great deal of experience in supporting community groups, local not-for-profit organisations and national charities.

If you wish to book please e mail office@barn.org.uk or phone 01527 60282.

Priority will be given to organisations based in Redditch and Bromsgrove as these sessions are funded by Bromsgrove District Council and Redditch Borough Council.

Coming Soon!

New JOB CLUB

**Launching at Wythall Library
On Wednesday 27th September
11am – 1pm**

**Looking for FREE advice and support for
searching and applying for work?**

Come along to our weekly Job Club!

**Help and guidance offered to people at all
stages of their job search from opening an
e-mail account to creating that perfect CV
and submitting job applications.**

**We can also help with registering for
Universal Job Match & **

**For more information and to book your
place speak to a member of library staff.
Or e-mail wythalllib@worcestershire.gov.uk
You can also drop-in on the day.**

**Wythall Library, Woodrush Community Hub,
Shawhurst Lane, Hollywood, Birmingham, B47 5JW**

Job club in association with Worcestershire County Council
Libraries & Learning and Bromsgrove District Housing Trust.



Find out more online:
www.worcestershire.gov.uk/libraries



INCLUSIVE AND EMPLOYER LEARNING

IF YOU'RE UNEMPLOYED AND UNSURE OF YOUR FUTURE, THIS PROGRAMME WILL HELP YOU FIND THE DIRECTION YOU NEED

PRINCE'S TRUST TEAM PROGRAMME

What can Prince's Trust Team Programme offer you?

Aged 16-25

12 weeks of personal development

Builds your self-esteem

Improve your confidence

Make new friends

Develop group teamwork skills

Participate in work experience

CV

Contribute to the Community

Develop presentation skills

Nationally recognised qualifications

Progression opportunities

19+ FUTURES FOCUS

What can 19+ Futures Focus offer you?

Aged 19+

Improve your confidence

Create a great CV

Boost your interview skills

Improve maths and English skills

Work in a friendly, supportive environment

PATHWAYS (PLUS)

What can Pathways (Plus) offer you?

Aged 16 -18

Personal development

Work experience

Functional skills maths & English

Practical activities

Employability skills

PATHWAYS 1

What can Pathways 1 offer you?

Aged 16 -18

Personal development

Work experience

Practical activities

Employability skills

STEP

What can STEP offer you?

Aged 16 -18

Personal development

Vocational tasters in a range

of subject areas

Work experience

Employability skills

Functional skills maths & English

Practical activities

Progression to further education

SAS (SPORTS & SERVICES)

What can SAS (Sports & Services) offer you?

Aged 16 -18

Extra support

Improve your confidence

Progression into further education

Work experience

Practical activities

Residential activities

Nationally recognised qualification

Robust fitness training

including nutrition

Work towards a future career in

Sports & Services

INTERESTED?

Get in touch for more information:

Paul Neuchterlien: ☎ 01905 743589

☎ 07789 754163

✉ pneuchterlien@howcollege.ac.uk

Carole Gurney: ☎ 01905 725742

☎ 07738 631232

✉ cgurney@howcollege.ac.uk

HOWCOLLEGE.AC.UK
08448 802500



HEART OF
WORCESTERSHIRE
COLLEGE

Employment Support Drop in

When: Every Friday 11:00am - 1:00pm

Where : Starlight Community Centre
13-21 Humphrey Avenue
Charford, Bromsgrove
B60 63B

Free employment and digital support for **ALL!**

CV writing
Creating Email Accounts
Application filling
Interview practice
Job search



No appointment necessary

For more information please call Darran:

01527 833 886

Understanding Anger One day course Thursday 21st September 2017

An excellent course for those engaged in people services where they may be exposed to the anger of others.

Previous attendees have included social workers, support workers, volunteers, health and education professionals, solicitors and private sector workers.

The course aims to give participants a better understanding of why people get angry, what the effects are and some methods of dealing more successfully with angry behaviour.

PLEASE NOTE: THIS IS NOT AN ANGER MANAGEMENT COURSE.

Focusing on:

- Acquiring a better understanding of the physiological and emotional effects of anger
- Understanding differing expressions of anger
- Anger triggers and responses to anger
- Strategies for dealing more successfully with angry behaviour

Course Arrangements:

Date: Thursday 21st September 2017

Times: 10am – 4.15pm

Venue: Age UK H&W, Malvern Gate, Bromwich Road, Worcester, WR2 4BN

Cost (includes lunch and parking):

£95 (Public Sector or Charitable)

£105 (Private Sector)

For more information or to book a place please contact:

Karen McVeigh

Relate Worcestershire

Tel: 01905 23597

karen@relate-worcestershire.org

www.relate.org.uk/worcestershire



HOW College – Community IT Classes

bdht are running IT classes in partnership with Heart of Worcestershire (HOW) College. We have spaces at the following locations:

LOWES COURT in NORTON – Monday mornings (Beginners class)

STARLIGHT COMMUNITY CENTRE in CHARFORD – Monday afternoons (Beginners and Improvers class)

SHAWHURST LANE in HOLLYWOOD – Monday afternoons (Beginners class)

OAKAPPLE COURT in CATSHILL – Tuesday mornings (Beginners class)

BUCKLEYS GREEN in ALVECHURCH – Tuesday afternoons (Beginners class)

Places must be booked in advance as places are limited. To book a place contact the Driving Futures Team at bdht on free phone 0800 0850 160 or drivingfuture@bdht.co.uk



Questions about dementia? Come and talk to us.

Come to our Dementia Community Roadshow
for information and support in your area.
We're here for everyone affected by dementia.

We'll be visiting:

Bromsgrove Fire Station
Slideslow Drive
Bromsgrove, B60 1GN
Saturday 2 September 2017
12 am - 4 pm

For more information, go to
alzheimers.org.uk/roadshow

Call our National Dementia Helpline on
0300 222 1122 for advice and support



LUNCH PLUS!

*Needing company?, want to make new friends?
or just to socialise ?*

**JOIN US FOR FRIENDSHIP FOOD AND FUN
AT BROMSGROVE METHODIST CHURCH CENTRE
ON THE FIRST FRIDAY OF EACH MONTH
Please check details for Christmas and Easter**



2-course HOT LUNCH

PLUS about a half-hour of varied activities from 12.00 to 2.00

Donation per person to include tea, coffee, - just £5.00

**BOOKING in ADVANCE please for catering purposes
through the Methodist Church Centre telephone – 01527 835843
(if necessary you can cancel on the day using the same number)**



This is a Bromsgrove Crosslinks Project