ABBEY STADIUM

LANE ETIQUETTE :

* All swimmers must follow directional signs at the end of the pool.
* Please use most suitable lane for your speed and stroke, taking in to consideration other users.

* Stay to the outside edge of the lane.

* Be polite to swimmers of varying skill levels.
* If you find yourself catching up with a swimmer in front of you, give their toes a polite tap to let them know that you need to pass. Do not use rude gestures.
* Please use caution when overtaking other swimmers.
* Please give slower swimmers the opportunity to let you pass. Do not harass or try to swim over them.
* If you can not keep up with the pass, please change lanes.
* You will be asked to move lane if the lifeguard feels it is necessary.
* The use of face masks, flippers and snorkels is prohibited.
* Respect other swimmers personal space.